



Revised Version By JJAS For CSC

2018 COMPETITION RULES CONTACT JU-JITSU SYSTEM

SECTION 1: GENERAL INFORMATION

1. The contest of Ju-Jitsu is a competition between two athletes or teams of athletes with the intention of one's victory over the other, in accordance to the current rules and regulations as set forth by the JJAS Contact Ju-Jitsu Referee Committee.
2. Contact Ju-Jitsu system is a dynamic and innovative combination of the basic Ju-Jitsu techniques predominantly used in the Fighting System, Newaza System, permitting nonstop contact combination of techniques to secure a victory over an opponent within a defined time limit, with close attention paid to ensure safety and fair play of each athlete.
3. Athletes are allowed to use permissible contact Ju-Jitsu techniques as well as no contact 'simulated' techniques to secure victory over an opponent. Ju-Jitsu techniques incorporating the hands, elbows, knees, legs shin and feet are permitted. Punches, Kicks, Elbow Strikes, Knee Strikes,, Throws, Sweeps, Locks, Pins, Grappling Maneuvers, Takedowns , Chokes and Submission Holds are permitted
4. All the above techniques may be permitted, as per the prevalent 2017 JJIF Contact JJ regulations, **subject to adequate care being taken by the combatants to avoid infliction of any kind of serious injury** to each other, when either in a vertical standing position or when on the horizontal ground position .
5. As per the current regulations, use of all JJIF NeWaza System techniques, JJIF Fighting System techniques and some techniques used in the Duo System including all punches, strikes and kicks and thrusts and all permissible grabbing or pulling or twisting of designated target areas of the opponent's body or his Ju-Jitsu Gi are permitted in Contact events,
6. Pressure point techniques, choke / strangulation holds and locks, pins and submission techniques may be used as long as they do not target prohibited areas and do not bring about intentional serious injuries to the opponent and are used only as a means to counter a technique or for inducing submission.

7. The designated and permissible Target Areas in a Contact JJ event are the Head excluding prohibited area, Neck [For Choke Holds only] , Upper limbs and Lower limbs , Shoulder , Back area (exclude the Spine) ,hips, Upper limbs joint and Lower limbs Joints , Abdomen, Chest and the Rib Cage area
8. Full Contact kicks and punches to the head excluding prohibited areas and torso are allowed only whilst in a standing position.
9. Knee, Elbow, Direct Kick to the Face are prohibited while standing.
10. Deliberate Strikes, Kicks and other forms of Intentional attack or throws targeting the Neck (other than Choke holds), Back of the Head, Eyes, Nose, Throat, Spine, Ears, Kidneys, Groin, Genitals, Anal region, Knee, Elbow joints, Ankle Joints, Fingers and Toes, and any vital organs are forbidden.
11. Kicks and Kneeing are not allowed once any knees touches the ground, subsequently in Part 3.

SECTION 2: CONTEST AREA

1. The contest area for Contact Ju-Jitsu events should be the same as for the JJIF Fighting / Newaza system events [8meter x 8meter] in size and shall be covered by JJIF approved Competition Grade tatami [Mats] in the JJIF approved color with the fighting area and the safety area clearly demarcated
2. The area outside the fighting area shall be called the safety area and shall be at least 2 m wide on all sides.
3. Where two or more adjoining competition areas are being used, a common safety area is not generally permitted , BUT in exceptional cases, it is permissible to share part of the safety area, ensuring that between two fighting areas there must be at least 3 meters gap
4. The distance between Secretariat and the Contest Area must be at least 2 meters minimum.
5. The distance between the audience and Contest area must be at least 3 meters minimum

SECTION 3 : SECRETARIAT AREA

1. The Secretariat is the administrative seating area for each Contest Area and should be located at least 2 meters distance from the Contest area.
2. The Chief / Deputy Referee, the Chief /Deputy Secretary, the Competition Area Manager, the Technical Secretary [Table Referee], the Time Keeper , two Scorekeepers and the Announcer will all be seated in the Secretariat Area.
 - a. The secretariat is placed opposite the position of the MR at the beginning of the fight.
 - c. One of the score keepers keeps a record of the competition on paper; the second one controls an electronic scoreboard.
 - d. If there is any difference between the two score registers, then the paper one is deemed to be the valid document

SECTION 3: COACHES AREA

1. Only one (1) coach per contestant, who stays at the designated seating area at the edge of the contest area during the match, is permitted to verbally assist contestants.
2. It is mandatory that all coaches conduct themselves as Role Models, and must behave in full compliance to the JJIF code of conduct and Code of Ethics
3. All must be attired in official uniform in accordance to JJIF regulations or in the permissible the track suit of the National Team or as is required by the event or multi-sport organizing committee.
4. If the coach does not comply by the JJAS code of ethical behavior during any event, regardless of whether such behavior is directed towards any of the competing athletes, the referee, the audience or anyone else, the Mat Referee has the authority to remove him /her from the designated area, reserved to the officials the duration of the match.
5. If such misbehavior or violation of JJIF rules continues, the Chief / Deputy Referee has the authority to remove the said coach from the official area For the duration of the entire event

SECTION 4. : COMPETITION DRESS CODE AND PERSONAL REQUIREMENTS

1. All Contact Ju Jitsu contestants shall be attired in a JJAS homologated Ju-Jitsu Gi in white color or in dark navy blue color, as stated hereunder, and must be clean and in good condition. Contestants shall also wear a red or a blue belt and red and blue Helmets [head protectors] and red or blue JJIF combat gloves and red or blue JJIF shin and instep protectors as under :

*First contestant in the bracket = red color belt and red protective gear **and must wear WHITE color Gi only***

Second contestant in the bracket = blue color belt and blue protective gear and should wear either a white Gi or a JJIF approved blue Gi)

2. The Gi jacket shall be long enough to cover the hips and be tied around the waist by the belt.
3. The sleeves of the jacket shall be loose enough to grip and long enough to cover the forearm but not the wrist. The sleeves may not be rolled up and should have at least a 5cm gap in between the sleeve and arm.
4. The Gi trousers shall be loose and long enough to cover most of the shinbone and the Gi trousers legs may not be rolled up. and should have at least a gap of 5 cm in between the leg and trousers so as to cover the Shin and Instep Protectors which are worn inside on each leg.
5. The belt shall be tied with a square knot, tight enough to prevent the jacket from being too loose and long enough to go twice around the body and leave about 15cm of the belt on each side of the knot.
- 6.. Male Contestants are not allowed to wear any inner garment or tee shirt under their Gi jacket.
7. No shoes shall be worn in the contest area and all contestants will compete bare foot with shin and instep protectors.
8. All contestants must maintain short and clean fingernails and toenails.
9. All contestants must abide by the JJAS regulations (or as applicable for a Multi Sport tournament) as regards to any advertising, sponsors patches, logos or branding that may be stitched or printed or affixed on their Gi.

SECTION 5: PROTECTIVE & SAFETY GEAR

1. All Contact Ju-Jitsu athletes must ensure their personal safety and protect themselves in all full contact Ju-Jitsu bouts by wearing JJIF homologated protective gear as under:
 - Mouth Guard [Gum Shields] to protect the teeth
 - Groin Guards [Jock Strap] Soft Cup Type
 - Head Protectors [Boxing Helmets] in Red and Blue to Match the Belt
 - JJIF Combat Gloves : In Red and Blue Color as per Belt
[Open Palm Grappling Type Gloves of minimum **4 oz** weight with elastic straps with NO bandaging wrapped on the hands.
 - JJIF Shin and Instep protectors [Slip on Type] in Red or Blue as per Belt.
2. Coating the skin with any kind of substance or taping the hand and wrist, or the use of gauzes or bandages or any kind of protective materials without the authorization of the Tournament doctor is forbidden.
3. It is forbidden for any contestant to and wear rings, studs , earrings , necklaces, Chains, charms and amulet etc, on any part of their body, whilst in the contest area.
4. The Mat Referees must ensure that all protective gear worn by the contestants, are as per approved JJIF standards. Any violation of the above dress code may result in disqualification of the errant athlete.

NOTE: If a contestant does not comply with the above Dress Code rules, he shall not be allowed compete in the match. He has however the possibility to change the objectionable equipment / gear and present himself again at the contest area properly attired within 2-minute time period.

SECTION 6 : REFEREE UNIFORM

1. All Referees must wear JJAS referee Uniform (White Polo-T and Dark pants)
- 2 .The JJAS Referee Uniform consists of a white plain polo t-shirt with JJAS logo and covered shoes.
3. The Mat Referee and Side Referees shall also wear a Red Wrist Band on their right wrist and Blue Wrist Band on the left wrist.

SECTION 7: DURATION OF A BOUT

1. The Duration of a Contact JJ Bout for Senior ranges from 3 minutes to a maximum time of 5 Minutes as under:

-All Bouts: 3 minutes+ One Additional 2 Minute 'Extra Time' Bout,
If so determined by the Referees. If the match is still undecided,
a 2 minute 'Golden Score' bout may be granted by the referees.

2. It is essential that, between two successive bout events, a minimum recovery time of 30 minutes, shall be given to the concerned contestants.
3. The bout time / clock starts immediately upon the first announcement of the Mat Referee by instructing the contestants to commence the bout by the command "**Fight**".
4. The bout time is stopped whenever the Mat referee's gestures and announces "**Stop**", and such stoppage is not included in the set time of any bout.
5. During a bout, the contestants do not have any right to leave the contest area without the Mat Referee's specific permission. If so required, a contestant may leave the contest area only as per the Mat referee's instruction.
6. In the event of the referees determining that there is no score or that there is an equal point draw after the end of the set time, the preliminary bout contestants are then given an additional time of only 2 minutes [Golden Minutes] to score an effective winning technique.
7. In the 'Golden Score' bout, victory shall be awarded on the basis of whichever contestant is determined to have applied the first effective technique in that bout.
8. If there is no effective technique performed by either even in the 'Golden Score' bout, the winner is then determined by the unanimous decision of the Mat referee and the Two Side Referees or by majority decision of the referees as approved by the Chief / Deputy Referee

SECTION 8 : PERMISSIBLE NUMBER OF BOUTS.

1. If a Contact JJ tournament may last up to an 8 hours day, the number of bouts per contestant cannot be more than 8 bouts per day.
2. If the tournament lasts more than one day, the maximum number of bouts for one contestant cannot exceed 5 bouts per day.
3. Rest-time between successive bouts for any individual contestant should be no less than 30 minutes on each occasion.

SECTION 9: WEIGHT CATEGORIES AND WEIGH IN

1. The following weight categories will initially be utilized for the Contact Ju-Jitsu Championships for Senior Athletes

-Senior athletes (21 Years old and above) :

Senior Men

-62kg; -69KG; -77KG; -85KG; -94kg; -130KG

Senior Women

-55kg; -62kg; -77kg; -99kg

2. The weigh-in of all contestants shall be held by the Referee Penal 2 days prior to the competition day.
3. All contestants shall weigh- in, attired in T- shirt / Rash guards and shorts only. Removal of any clothing during weigh- in shall not be permitted
4. Those who do not meet the weight you registered in, may opt to compete in another weight Category with **a penalty payment of SGD\$10.00** There will be no refund of fees if you choose not to take part in the competition.
5. Weigh in is only on specific day and time.

SECTION 10: THE REFEREE PANEL

1. The Referee Panel for all JJAS Contact JJ events shall comprise of:
 - Chief Referee, Deputy Chief Referee
 - Competition Manager
 - Chief Secretary, Deputy Chief Referee
 - Mat Referees, Side Referees, Table referee (Bout Host)
 - Weight Control & Uniform Control official
 - Time Keepers, Score Keepers, Announcers,
 - Medical Doctor & Staff
 - Volunteers
2. Each bout is judged and evaluated by a Referee Team comprising of the
 - Table Referee
 - One Mat Referee [Central Referee]
 - Two Side Referees

SECTION 11: FUNCTIONS OF THE REFEREE PANEL

1. The Chief Referee & Deputy Chief Referee

A] Chief Referee and/or the Deputy Chief Referee shall jointly govern the overall Contact JJ tournament and shall have the prior responsibility to ensure that the Tournament Organizing Committee for every tournament, complies in full to the JJIF Contact JJ Competition Rules and Regulations.

B] The Chief Referee and / or the Deputy Chief Referee have the following additional duties:

- To allocate referee teams for the weigh-in procedure;
- To supervise and monitor all Bout Draws and issuance of Brackets;
- To approve the schedule of every tournament;
- To allocate the requisite referee teams to man each contest area;
- To hold meetings of referee panel with participation of team representatives before the commencement of each tournament (for announcing schedule of a tournament and order of referee panel work etc.), as well as to conduct daily meetings at the end of each day of tournament (for discussion of tournament course and the results of the day) and also to convene emergency meetings;
- To take all measures to prevent or rectify any possible mistakes of the referees;
- To react timely, to appeals and protests from any representatives (coaches, captains) in accordance to these rules;
- To approve participant entries and to appoint referee teams for the semi-final and final bouts
- To evaluate the performance of each referee on a daily basis

C] Chief referee and/or the Deputy Referee have a joint authority as under:

- To cancel any tournament in the event that by the time of its commencement , if any of the necessary equipment provided by the Organizers do not meet requirements of the JJAS Competition Rules;
- To halt any bout, suspend or stop any tournament in case of determination of any unfavorable conditions that may be present that may hamper the normal course of holding the event;
- To make any amendments to the schedule of a tournament;
- To change functions of any referee during the course of any tournament;
- To remove or replace any referee who may have committed errors in judgment or failed to fulfill their duties in a bout. by making a special note in the report;
- To caution or issue warnings to or to remove any representative, coach or team leader or official, who is determined to have violated the JJIF code of conduct or found to have misbehaved or entered any form of argument with the competition referees or officials or found to have filed groundless appeals or protests;

- To halt the announcement of any result of any bout, if it is found that the referees' decisions differ or if the Chief Referee and/or the Deputy Chief Referee does not agree with the Referees decision. The announcement is halted only to enable additional discussion and proper evaluation of the result

- To reject entries of participants, who do not meet requirements of the Rules or Regulations of any given tournament in terms of age, sports qualification or equipment.

D] Approval of the Chief Referee or Deputy Chief Referee is compulsory for the entry and admission of all participants, referees, representatives and coaches

E] The Competition Manager [Table Referee] functions under the directives and Supervision of the Chief Referee or the Deputy Chief Referee.

2. The Secretary

The Secretary manages the work of Tournament Secretariat under the direction of the Chief/Deputy Chief Referee and may be assisted by a deputy Chief Secretary, and has the following functions:

- To be a part of credentials committee and referees team at weigh-in
- To participate in all bouts draws / Brackets;
- To prepare the Schedule of the tournament;
- To prepare the order of all the Bouts and monitor all protocols registration;
- To present results of the tournament for the approval of the Chief / Deputy as well as prepare all necessary data for final report;
- To issue certain information to representatives, commentators and correspondents subject to prior permission of Chief / Deputy Chief Referee
- To monitor the availability of participants for any given day of a tournament and their uniform compliance with the requirements of these Rules;
- To ensure that the participants are aware of the Schedule of a tournament;
- To notify all participants about the order of their presenting themselves at the contest area
- To inform Chief / Deputy Chief Referee about non-appearance and removal of participants from the tournament.
- To write report on the tournament

3. Table Referee

The table referee sits with the Referee Panel at the Contest Area and manages the work of referee team and has functions are as under:

- To staff referee teams for each Bout with the prior permission of Chief or Deputy Chief Referee.
- To summon contestants to the contest area, and announce results (in the event of the absence of the Announcer);
- To Record warnings and penalties issued by each referee;

4. The Mat Referee.

A] The Mat-Referee (MR) stays within the contest area and shall conduct each bout. He decides about the result and warnings and penalties issued. The Mat Referee can also act upon the advice or proposals of the Side- Referees.

The functions of the Mat Referee are as under:

- To be at the Contest area and closely control the course of the bout, and ensure the safety of the contestants and minimize their risk of injury.
- To evaluate the techniques and the positions of the contestants and ensure strict adherence to the JJIF Contact JJ Competition Rules
- To participate in the presentation of Contestants in the contest area;
- To check the conformity of contestant's attire prior to the start of any bout;

B] The Mat Referee issues all his commands in English.

- Before start of any bout, he gives a command: **“Take your positions”** for participants to come out to the area;
- At the beginning and at the end of each bout he gives a command **“Bow”** for the contestants to greet each other;
- He gives a command **“Fight”**, to start each bout and also to resume each bout after interim stoppage or breaks;
- He halts any bout with the command **“Stop”**: whenever
 - either contestants appear to be “out of the- contest area” position
 - any contestant is not active enough and do not make any effort to execute any real techniques
 - any of contestants need medical assistance with **“Stop”** command gesture;
 - there is any disarray or disorder in the protective gear or uniform of the contestants;
 - if any contestant violates the Rules of Competition or executes forbidden technique and needs to be reprimanded or penalized
 - when the time-keeper sounds the signal that the set time of the bout is over;
 - by requirement of the Chief Referee / Deputy Chief Referee or Competition Area Manager;
 - by request of the Side Referee, if he deems it is necessary at a time given;
 - by the request of a contestant, if he deems it is necessary at a time given;
 - if he needs consultations with the Chief Referee or Team in situation not envisaged by the Rules;
 - by any contestant’s signal of surrender or tap out if under strangulation or under a submission technique by his opponent
 - in case of knockout of one of the Contestants;
 - when there is obvious predominance of one of the participants in course of a combat;
 - if there is a decision about withdrawal of a participant from a combat or his disqualification;

C] The Mat referee, stands at the middle of an area when announcing combat’s results and shows the winner by Raising the winners hand up.

D] If during a combat one of the Contestants deliberately moves out of the Contest area, the Mat Referee will say **Stop**, then halt the combat and gets both participants to the middle of the Contest area and announces, **“Out of the Area”** and he then reprimands or penalized the participant who went out of the area. d

E] If the defending contestant at any time begins to execute any forbidden technique, the Mat Referee does not need to halt the bout but must make the contestant stop trying to execute the forbidden technique by issuing an oral warning **“Prohibited Technique “** or **“ Forbidden Technique”** . In case of disobedience of this oral warning, the Mat Referee must stop the bout and issue a Penalty for such a Prohibited Technique,

F] In case when one of the contestants as result of any strike, throw or any other effective technique finds himself in condition wherein in it is physically impossible for him to continue with the contest, the Mat referee must stop the bout and start a loud and clear count commencing from one to five , straightening the fingers of his raised right hand by turn. The Mat Referee is to perform this count from one to five whilst at the same time attentively observing participant’s condition.

G] Whilst starting the countdown referee should also signal opponent to the go to starting position at the center of the area and remain there during the duration of the countdown.

H] In case participant managed to recover by count “four” referee brings both contestants to the center of the Area AND gives a command to continue with the bout. In case of the second knockdown referee gives victory to the opponent.

I] In case the defendant fails to recover by count of “five” the Mat referee will declare the opponent as the winner.

J] In case any of the contestants have to temporarily leave the area for medical treatment, the Mat referee must send the other contestant to the starting position in the center of a mat and remain in sitting position on the knees facing away from the contestant being medically treated

K] If in the ground fight there is no progress to identify the Mat referee can stop the fight and bring the athletes back into standing position to restart the match.

5. The Side Referee.

A] There should be 2 side referees in each contest area and they are to be located in the designated corners / sides of each Contest area. If necessary, the Side Referees are permitted to move along the far edge of the Contest Mat to get closer to the participants, and get a better view of the situation and, if necessary, assist the Mat referee s to Stop any bout so as to prevent any injury to the contestants.

B] The Side referees are permitted issuance of warnings or to propose removal of any participant(s).

C] In all cases when the Side Referee deems it is necessary to stop a bout, he makes a correspondent gesture, attracting Mat Referee’s attention and points out certain moments of a Bout.

D] In determining the outcome of the Bout, The Side Referee makes a gesture toward the athlete, who in his opinion, won this match. In any controversial or disputed situations involved in the judicial board meeting, the Side Referees must express their individual opinion on how what they view as the outcome.

6. The Timekeeper.

A] The Timekeeper sits at Secretariat Area with the Competition Area manager. He is responsible for time keeping and the countdown and gives a signal of the end of the set time for each bout.

B] With a stop watch / timer referee-timekeeper records the time of tardiness of any participant’s presenting themselves on the contest area, after the first summons and he announces time lapsed after every 30 sec.

C] The Timekeeper shall upon gesture or “Stop” command of the Mat referee stops the clock / timer and restarts the clock only after the Mat Referee’s “Fight” command

7. Score Keeper / Announcer

A] The Score keeper sits at Secretariat Area with the Competition Area M Manager and after the end of each bout, he enters and records all the points and warnings awarded and the records results of the bout to the referee protocol.

B] The Score Keeper records instances of any removal of any contestant from any bout for any ordinary breach or major violation of the JJAS Competition Rules and also records instances wherein any contestant does not show up for a bout, or is removed from tournament.

C] The Announcer announces the Schedule of the Tournament and the Order of each Bout, and he presents the participants of each bout, by announcing their particulars. The Announcer also explains certain regulations of the tournament Rules and announces results of every bout as approved by the Chief / Deputy Referee.

8. The Tournament Doctor

A] The Tournament Doctor is a part of referee's panel with the rights of a Deputy chief referee in medical sphere and has the following functions:

- checks whether applications include the requisite doctors medical report approving the fitness of the participants to take part in the tournament;
- attends weighting procedure, carries out medical control (physical examination, etc.) of participants;
- follows up that sanitary-hygienic norms to be met at tournament venue;
- medically exams and observes contestants in the course of a tournament;

- gives medical aid directly at the Contest area, gives conclusions on possibility or impossibility of the athlete's continuation with the bout or tournament, and immediately reports on the issue to chief referee and gives a correspondent certificate for the secretariat;
- after the end of a tournament produces a report of medical-sanitary provisions of a tournament with pointing out cases of sickness or injuries.

9. Competition Manager

- The Competition Manager will set up the competition area and the monitoring of the sanitary provision
- Competition Manager will ensure the mat area is suitable to compete

SECTION 12: CONTACT JJ COMPETITION RULES

1. Positions of participants.

- “Standing” – position of a contestant is defined as when he touches the contest area with his feet only (stands on feet).
- “Laying” or “Ground” – position of a contestant is defined as, when he touches the contest area with any part of his body other than with his feet.
- Contestants start the bout by facing one another in the middle of the contest area, approximately two meters apart. The contestant with the, Red Helmet, Red Gloves Red Belt stays on the Mat Referees [MR] right side. At the sign of the MR the competitors will make a standing bow first to the referees and then to each other.
- Once the MR announces the command “Fight”, the bout will start in the standing position.
- The contestants can control and change between different positions, but they must be active.
- At the end of the match, the MR stops the Bout and announces the winner and orders the standing contestants to bow first to each other, then to bow the Mat Referee and leave the contest area by the same route as they entered.

2. Throwing & Sweeping Techniques

- A sweep and a throw is defined as a technique applied by a contestant which results in his opponent losing balance and falling onto the contest area, touching it with any part of a body other than his feet, i.e. finds himself in “laying” or “ in a Ground “ position.
- A Throw is also defined as an action wherein a defending contestant intercepts and counters an initiative of the opponent and throws his opponent changing the character and flow of the opponents fall
- Any throw or sweep that may injure the head neck or spinal column of the joints of the arm or leg and knee of the opponent is forbidden

3. Chokes and Painful Submission Techniques.

- A painful submission Technique is a hold or lock of a leg or the arm or the ankle or the hand of the opponent, allowing the attacker to perform a painful bending (levering) such as an arm bar or leg bar, or rotation of a joint (knot) leg lock, arm lock, ankle lock or the pinching of tendons or muscles (pressure point attack) and forcing the opponent to submit by tapping out or by crying out .
- Strangulation or Choke Techniques are defined as mechanically applied restriction of breathing and blood-circulating system by way of tightening or squeezing the opponents neck and blood vessels thereof, resulting in a submission by tapping out or by signaling surrender or by loss of consciousness.

4. Strikes and Simulated [Imitation] Strikes

- Strikes are Techniques performed by either the Leg, Foot Knee or Hand or Elbow on permitted target areas of the body.
- Only accurate strike techniques which cause the inability on a contestant to continue the bout more than 3 seconds, are counted as effective techniques

5. Result and Evaluation of a Bout

A] The result of a bout can be either victory of one of the contestants and defeat of the other or draw for both participants.

B] In exceptional cases (excluding semi-final and final combats) a Draw might be announced. At the same time both participants do not get penal points.

C] For an ordinary Contact JJ Senior bout [without Additional time] the Mat Referee does Not award any points for any effective strikes kicks or takedowns, or pins unless the said techniques result in a submission or knockdown or knock out .

D] Victory in a bout can be classified as under

- Pure victory over the Opponent
- Victory by Penal or Medical Disqualification or Withdrawal of the Opponent
- Victory by Referees Decision.

E] Pure Victory.

1. Pure Victory is awarded to a contestant as under:

- For executing a successful Submission or a Choke Hold or a Knock Out;
- In the event of an obvious predominance of one of the participants;
- In the event of a withdrawal or disqualification of one contestant;
- In the event that a bout cannot be continued (due to refusal, nonappearance of a contestant, or the withdrawal of a contestant by the Tournament doctor or the Athletes representative);
- If the opponent is unable to protect themselves from attack inflicted, the mat referee may stop the bout and award the victory.

2. Choke Holds are counted as Pure Victory if the contestant being choked gives a signal of surrender or loses his consciousness.

3. A painful Submission Technique is counted as Pure Victory, in case one of the contestants who is being subjected to a painful submission hold such as an arm bar or a leg lock, gives a signal of surrender indicating his inability to continue with the bout.

4. A surrender signal or a Tap Out is given by a double clap or tap with hand or foot to the contest area or on the opponent's body. Any outcry of a contestant when being subjected to a painful submission technique or when being choked is considered as surrender signal.

5. A Knock Out [KO] is counted as a Pure Victory in the event that one of the participants is unable to continue with the bout after five 5 seconds of being knocked out as result of a strike, throw or any other permissible technique.

Any Athlete that suffers a knockout and cannot continue with a bout after the mandatory 5 second count, will NOT be eligible to compete in any other Bout of the Tournament and would be subject to continued close medical observation.

6. A second knock down in the same bout is counted as Pure Victory if one of the participants as a result of a strike, throw, or any permissible technique falls down for a **second time** and is unable to continue the fight for 3 seconds.

Any Athlete that suffers a second knock down and cannot continue with a bout after the mandatory 3 second count, MAY NOT be eligible to compete in any other Bout of the Tournament and would be subject to continued close medical observation.

7. A clear advantage or predominance of one contestant over the other, is considered as Pure Victory - If during the course of the bout one of the contestants demonstrates a loss of desire to continue with the fight or does not defend himself against the opponents attack or does not respond or resist painful hold for more than five seconds, the Mat Referee will then stops the fight and award his opponent a Pure Victory due to obvious predominance.

8. Any strike which makes contact to the forbidden areas or knees and elbow strikes to the head in the ground position or whist being pinned will result in immediate disqualification of the participant.

9. Disqualification of any contestant and his removal from the Tournament gives Pure victory to the opponent and occurs after issuance of the Third Penalty to any contestant by the Mat Referee for repeated execution of prohibited techniques or for repeated exits from the contest area or after a prohibited technique has resulted in an injury of the opponent.

10. Contestant who strike or throw an opponent outside the contest area forced are punished by the issuance of a warning. Pushing the opponent outside the contest area with both hands is not considered as a strike and may be penalized by a warning

E] Victory by the First Effective or Active Technique.

1. Victory can be awarded at the end of the set Bout time and during the additional Golden Score, immediately upon the execution of the first effective Technique.

2. An Effective Technique is defined as:

- A strike resulting in unbalancing or destabilizing the opponent;
- A forceful throw
- Not responding or not resisting an attack;
- By disqualification of the participant for going beyond contest area or by executing any action prohibited by the Rules.

F] Victory by Referees' Decision.

In case the winner is not determined after the end of bout time and end of additional time, Golden Score time the referees shall then determine the winner individually by their overall evaluation of the bout, the activity of each participant, their physical preparation and by the quality of the attacking and defending techniques executed.

Gj Victory by Withdrawal, Removal or Disqualification.

1. A contestant may be withdrawn, removed or disqualified from a bout by the decision of Chief Referee / Deputy Chief Referee and at the same time granting Pure victory to the other contestant in cases as under:
 - in case one contestant cannot continue with the bout due to the Tournament doctor's conclusion due to any injury that may have been incurred in course of a bout
 - for nonappearance at the contest area within 2 min. after the first summons;
 - for non-readiness for a combat within 2 min. after the first summons (absence of the necessary uniform or protective gear);
 - after getting two warnings and is liable to get the third warning, subject to the unanimous decision of the Mat Referee and Both Side Referees or if the majority decision of the Referees is supported by Chief Referee.

2. Participant is to be withdrawn from tournament by decision of chief referee, if he cannot continue taking part in tournament by doctor's advice due to sickness or injury incurred in the course of a bout.

3. A contestant may be removed / withdrawn or disqualified from a tournament by the decision of the Chief / Deputy Chief Referee for cases as under:
 - for rude and unethical behavior towards a rival athlete, or any other participant, or to any referees or member of the audience,
 - for refusal to perform tournament rituals, greeting a rival or incorrect performance of a greeting;
 - for repeatedly executing any prohibited techniques, or which results in an opposing athlete's injury which makes it impossible for that opponent to continue taking part in tournament (by conclusion of a doctor);
 - for nonappearance for a bout;
 - for lying to referees or trying to deceive any official

4. If BOTH contestants simultaneously break the Competition Rules and are subject to disqualification, then both of them are deemed losers by the Mat Referee.

H] Victory by Intentional Evasion of a fight by the opponent.

1. Evasion of a fight is defined as when:
 - A contestant intentionally exits the limits of the contest area during bout either from standing or laying positions so as to evade an attack;
 - Falsely turning to Tournament doctor for medical aid with the deceptive aim to rest, recover, etc.;
 - use of grips only for defending, without any real attempts to attack;
 - intentional “dragging out the time” – disarranging uniform or protective gear of participant, time wasting in adjusting of uniform or gear, etc.
2. Contestants who are removed from any final Bout for the evasion of fight, are deprived of medals.

G] Evaluation of Contestants combating near the limit of the Contest Area.

1. A contestant is deemed to be “Outside of the Contest area” position as under:
 - when one of the contestants in “standing” position has stepped over the limit of the contest area with both feet;
 - When the body of one of the participants in laying [ground] position moves over the limit of the contest area.
 - In the course of a bout “outside of the area” position is as determined by the Mat referee, and if in any disputable moments – it is by the majority decision of the Side referees and the Mat Referees
2. If any contestant is found to be in the “outside of the Contest area” position, they are then moved back to the middle of the contest area by command of the Mat referee and they are then ordered to resume combat from standing position. Contestants are NOT to stop the bout any anytime without the specific command of the Mat Referee, even if they are at the limit edge of the Contest Area
3. Any technique which started in an “outside of the area” position shall not be counted as a valid technique
4. A throw that started in the Contest area is counted in case even if ended “outside of the area”.

5. Painful Holds, Locks, submissions and choke holds, which started in the contest area are permitted to be executed and are considered valid, provided one of the contestants is still touching working surface of the contest area with any part of the body.

SECTION 13: PROHIBITED / FORBIDDEN TECHNIQUES.

1. In a Contact Ju-Jitsu contest, it is totally prohibited for any contestant to execute the following forbidden and illegal techniques:

- throw an opponent on his head; pile driving or spiking the head or a suplex throw or execute a throw grabbing the head with both hands (without grabbing a hand or uniform of the athlete being attacked);
- intentionally hold or suppress an opponent's eyes or hold the mouth or nose
- scratch, bite, pinch, gauge, fish hook any part of the body;
- twist or bend the neck or backbone backwards;
- press the head, body and throat with the elbows and knees;
- clutch, press on or set arms and feet against groin and to the face (between eyebrows and mouth)
- Grab or twist the fingers, hair, ears;
- perform painful or suffocating motion with a jerking motion;
- wrap the belt end around any part of a rival's body
- intentionally creep away to exit the contest area or to push out a rival;
- Strike the genitals, groin and anal region, spine, vital organs, [eyes, nose, ears & back of the head] , and the joints against the natural bend;
- perform pokes and strikes with the fingers, palm, edge of a palm, open glove, head butt into face or eyes;
- Strike the head with a knee or elbow or foot of an opponent in "laying" ground position;
- kick an opponent whilst in the "laying" ground position.
- Pounding the opponents head on the Mat
- Striking the opponents face with Elbow Strikes
- Choking an opponent neck with bare hands
- Striking an opponent when his Protective Gear is removed or has come off

2. In case referees do not notice the execution of any prohibited technique by one of the contestants, the opponent is allowed to give a signal by voice or gesture that such a forbidden technique is being applied to him. False or deceptive alarms by any athlete are prohibited and are punished as a forbidden action.
3. The following actions are also considered as forbidden actions:
 - Refusing to comply with the Mat Referees orders or commands
 - Clutching the edge of the mat whilst in the contest area limit;
 - Intentionally disarraying the uniform, taking off or throwing away any part of the protective gear or uniform, or tying the belt or trying to bring the uniform into order, without the Mat Referee's specific permission;
 - Chatting between the contestants during the bout

SECTION 14: REPRIMANDS AND WARNINGS.

1. Depending on the degree of seriousness of violation of the Competition Rules, the Mat Referee shall sequentially issue to offender the first caution (oral), the first warning, the second warning and then the disqualification.
2. the Mat Referee has a right to issue "oral caution or reprimand" to a contestant for any actions or technique, which might lead to breach of the rules
3. The Number of Oral reprimand is not fixed and does not impact the outcome of a combat.
4. A warning is issued to a contestant for any considerable breach of the Competition Rules or for repeated violation after getting the "oral reprimand".
5. The Violation of the Rules, which deserve a oral reprimand, or a warning or which might result in removal of a participant from a bout or from the tournament are as under:
 - Tardiness in presenting oneself at the Contest area after summons;
 - All types of evasions of fight (according to these Rules) and other forbidden actions
 - Any breach of discipline or code of conduct;
 - chatting with the contestant or coach during the bout;
 - Shouting tips, accompanied by unethical behavior of representative, coach or other participants of the team, situated near the area,
 - Refusal to Comply with the Mat Referee Orders
 - Unethical Behavior

6. For tardiness in presenting oneself at the contest area for over than 30 sec. after the first summons a participant gets reprimand, for over 1 min. late – warning.
7. In case participant, who is being subjected to a submission or choke or pin, intentionally creeps outside the contest area's limits, he is then immediately punished for intentional exit outside of the contest area's limits with first, second warning or withdrawal from a combat.

SECTION 15: ANNOUNCEMENT OF A BOUT RESULT.

1. Announcement of a bout result winning by knockout, submission, choke hold techniques or in terms of obvious predominance is announced as follows: In this bout the winner the fighter with red or blue belt (last name and Winner's Nation).
2. In case of withdrawal, disqualification, refusal or nonappearance of an opponent the outcome of the bout is announced as follows: In this bout preterm winner is fighter with red or blue belt (last name and winner's Nation)
3. In case of winning by referees' decision: In this combat the winner by referees' decision is fighter with red or blue belt (Last name and winner's Nation).

SECTION 16: PROTESTS AND APPEALS

1. An official Protest can be registered by any Team Leader to the Chief / Deputy Chief Secretary in a written form in connection with the alleged violation of competition Rules or existence of an extraordinary situation.
2. Procedure for Registering an Official Protest OR Appeal
 - The protest is registered with Chief referee by the official Representative (coach, captain) of a National team;
 - The protest shall be written in one of the official languages of the JJIF and shall clearly cite the reason of the protest and must compulsory pointed out the specific article and paragraph of the Competition Rules that is considered to have been violated;
 - The protest or appeal against the result of a contest is to be registered before the end of a round within a certain weight category;

- protest against extra-ordinary situation (break of Regulations, order of weigh-in, and seeding of the participants, bout draws n brackets, misinformation from officials, etc.) is to be registered immediately after the situation occurs, so as to give referee panel adequate time to take a decision with minimal damage to the course and outcome of the tournament;
- register of a protest must be accompanied with the protest fee in cash, the amount of which shall be determined by Tournament Regulations.

3. Consideration of a Protest or Appeal:

- in case of acceptance of any protest, the issue is then deliberated by the chief / Deputy Chief Referee in due consultation with the referees and persons who allegedly violated the said Rules as well as interested parties (without the right to discuss the protest);
- decision on the protests should be taken on the day of their registration
 - in individual tournament –before start of the next round combats;
 - in team tournament – before start of the next combat;
- for other reasons – in terms, allowing to correct mistakes with minimal damage to the course of tournament;
- in case chief referee deems it necessary, the reviewing of video record is possible;
- chief referee takes final decision and in a written form informs all the interested parties;

4. In the event that the protest or appeal is considered as valid, the cash sum paid shall be returned to the concerned team leader.

SECTION 17: REFEREE GESTURES / HAND SIGNALS

#	Gesture	R	S	M	Description of gestures
1	Presentation of participants	X			Stands face towards referee table and symmetrically to the participants. During presentation of a participant reaches out a hand towards him.
2	«Participants to places»	X			With straight hands with open arm (palm down) shows to the places, assigned for combat start.
3	Bow greeting	X			Points at participants then bends hands in elbows, directs fingers towards each other (palms down, forearms parallel to the floor) and announces "Bow".
4	Start or restart of a bout				Raises his hand in brings it down in a chipping motion downwards and announces "Fight "
4	Stop or halt of a bout	X			Raises hand at the face level, palm forward, fingers vertically up, announces "Stop".
5	Exit from the area	X	X		Shaking hand horizontally (palm open with thumb up), forearm on the waist level, announces "Exit" or Out of The Area.
6	Warning	X			Holding the punished participant for his hand and turning to the side referees, raises the forefinger up (forearm vertically on the breast level)
7	Stop the time	X			Covers open arm (fingers up) with the other arm on the breast level.
8	Winner announcement	X			Holds both participants' forearms, raises winner's hand up when announced.
9	Referees decision		X	X	Raises a hand up towards participant a referee considers the winner.

R – Mat Referee, S – Side Referee, M – Contest Area Manager

Note: all gestures are to be showed within 3 seconds. First a performed action is showed, then a correspondent estimate, reprimand or warning.

SECTION 18: TOURNAMENT RITUALS

1. The Mat Referee and the Two Side Referees should line up on the edge of the tournament area and perform a general bow before taking their positions. The Mat Referee shall be situated in the center of the Contest Area. . Before exiting the Contest Area All Three referees shall get together again and perform a general bow.
2. After announcing a result evaluation, or penalty or warning, the subject contestant is to bow towards referee
3. In the event one contestant has to exit the contest area to secure medical attention (for medical assistance and control) , the remaining contestant moves to the center of the arena and sirs his knees facing away from the other contestant being medically treated.
4. At the end of the bout and after announcement of the winner, both contestants are to bow to each other and then bow to the Mat Referee and exit the area following the same route as they enter.

Updated on: 13 Oct 17